



INTRODUCTION TO FIRST AID

Duration: 45 minutes

Exam: Yes

Price Band: A

Course Outline:

The aim of this course is to provide the delegate with an awareness of key first aid basics. You will learn about the associated legislation, human anatomy, how to manage a first aid incident and lifesaving using primary and secondary survey methods.

The course is available in the following languages: English; Indonesian; Bahasa Malay; Thai; Turkish.

Learning Objectives:

- L01: Explain different Basic Life Support guidelines
- L02: Explain the relevant national and global legislation
- L03: Explain the normal life conditions for the human body
- L04: Explain the vital systems of the human body
- L05: Explain safety in an emergency situation
- L06: Explain how to manage an incident
- L07: Explain the 'C'-A-B-C Principle
- L08: Explain haemostasis of critical/catastrophic external haemorrhage
- L09: Explain first aid for obstruction of airways
- L010: Explain first aid for an unresponsive casualty
- L011: Explain the theory and practice of AEDs
- L012: Explain first aid for external and internal bleeding
- L013: Explain shock
- L014: Explain secondary survey
- L015: Explain different incident types
- L016: Explain minor to serious incidents
- L017: Explain psychological First Aid