



# WORKPLACE HAZARDS AND PERSONAL SAFETY

**Duration:** 60 minutes

**Questions:** 28

**Price Band:** A

## Course Outline:

Welcome to this module on workplace hazards and personal safety. This module will inform you about the general hazards you will find offshore.

## Learning Objectives:

- L01: Describe the hazards and controls of confined spaces
- L02: Describe the hazards and controls of working at height
- L03: Describe the hazards and controls of suspended loads
- L04: Describe the hazards and controls of high-pressure systems and equipment
- L05: Describe the hazards and controls of flammable and explosive atmospheres
- L06: Describe the hazards and controls of moving and energised equipment
- L07: Describe COSHH
- L08: Describe the hazards and controls of manual handling
- L09: Describe the hazards and controls of the mechanical handling of heavy equipment
- L010: Describe the hazards and controls of vibration
- L011: Describe safety critical equipment and their different uses
- L012: Describe the hazards and controls of dropped objects
- L013: Describe noise hazards and how to control them
- L014: Describe the hazards and controls for slips, trips and falls
- L015: Explain process safety
- L016: Describe how you can be affected by fatigue
- L017: Explain the IOGP Life Saving Rules
- L018: Understand why you should use the correct PPE
- L019: Understand how personal actions affect work and others while on site
- L020: Describe the importance of communication and spatial awareness
- L021: Explain the reasons for reporting systems and the importance of stopping the job
- L022: Understand the role of safety committees and safety representatives

